

Physician Engagement Program

Living your best life means leading a healthy life – physically and mentally.

Don't miss your chance to save over \$770 this year!

Employees and spouses/domestic partners enrolled in an SEH health plan as of 1/1/24 will work with their physician to complete their annual physical.

Your annual physical must occur between 1/1/24 and 10/31/24 while enrolled on an SEH medical plan. The completed form must be submitted in ADP by 11/10/24.

Consistent with previous years, to receive the \$64.45 monthly Wellness Credit, both the employee and their spouse/domestic partner on the SEH health plan must complete their annual physical and complete the required steps.

[Physician Engagement Form](#)

[Letter to Employees](#)

Eligibility

Employees and/or spouses/domestic partners on the health plan as of 1/1/24 must participate in order to receive the wellness credit in 2025.

Those enrolled on the health plan between 1/1/24 and 8/1/24 must work with their physician to complete the form by 10/31/24 and submit the required form in ADP by 11/10/24 to receive the wellness credit in 2025.

For those adding SEH medical 1/1/24 - 8/1/24, an annual exam completed in the same year will be accepted if the form is completed.

Those enrolled on the health plan after 8/1/24 will automatically receive the wellness credit in 2025.

Please note that SEH will NOT have access to any specific, personally identifiable health information.

If you have any questions, please feel free to call **SEH Benefit Support** at **844.573.4462** and they will be able to assist you.

What if I am a smoker?

To obtain the wellness credit, you must participate in a tobacco cessation program, but quit status at the end of the cessation program is not a requirement. The Tobacco Cessation section details current cessation options.

Tobacco Attestation Requirement

As part of the Physician Engagement Program, participants are required to complete the Tobacco Attestation during open enrollment and certify on the required form. If you are a tobacco user, voluntary completion of the Tobacco Attestation is required to obtain the wellness credit in 2025. Please note, the Physician Engagement Program is a voluntary program.

[2024 Tobacco Cessation Quit for Good](#)

Reasonable Alternative Standard for Tobacco Users

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you are a tobacco user, we offer a tobacco cessation program through Healthpartners. The program is no cost to you. If you complete the tobacco cessation program by 6/30/24 you will qualify for the wellness credit in 2025.

Following completion of the cessation program, employees and spouses must provide a program completion certificate to HR1@sehinc.com to initiate their wellness credit. Participants still may be tobacco users at the end of the cessation program.



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