



Building a Better World
for All of Us®

Dear Employee:

In partnership with Healics, SEH is administering free screenings for employees and their spouses/domestic partners electing SEH health coverage. We encourage you and your spouse/domestic partner to participate for your health and the opportunity to receive \$63.20 per month in Wellness Credit.

Please take a few minutes to review the Biometric Screening information at www.sehinc.com/biometric-screening which includes:

- Notice regarding SEH's Voluntary Biometric Screening
- Scheduling Instructions
- COVID-19 Field Precautionary Measures

Consistent with previous years, to receive the \$63.20 per month Wellness Credit, **both** the employee and their spouse/domestic partner on the SEH health plan must complete the biometric screening process.

Process requirements:

1. Schedule an appointment for your screening by Friday, July 22nd. Dates vary by office location. Screenings will take place August 1st through August 31st
2. Complete the screening
3. Achieve a minimum score of 71 **or** improve your score by five points over the previous year

If you believe you are unable to meet a requirement for the Wellness Credit under this screening process, you may qualify to earn the same reward by alternative means. Contact a Healics representative directly at 1-800-432-5427 for more information.

Your results are confidential and not shared with SEH or the insurance provider unless authorized by you, as mandated by Federal HIPAA laws.

The signup deadline for a guaranteed appointment is Friday, July 22nd. Employees and spouses/domestic partners that do not sign up by the deadline may participate the day of the screenings **if there is an open appointment. Additional appointments will not be added.** If you cannot make it to an office screening, please contact Caytla Eckert (ceckert@sehinc.com or 651.414.5187) no later than July 22nd for more information on the Wellness kit option.

Sincerely,

A handwritten signature in cursive script that reads "Jackie Zamorano".

Jackie Zamorano
Chief People Officer

Engineers | Architects | Planners | Scientists

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